

Glass Floor

06/28/26 Journal Entry.

Chasing Progress, Not Perfection

That's the mindset I'm choosing to renew.

Let me ask you a question:

What's your standard?

What's something you can honestly say you live by, even when nobody's watching?

One of the standards I've set for myself is living a modest and honest life. Being shallow or surface-level has never sat right with me. I'd rather be remembered for my character than for an image I tried to maintain.

The more genuine you are, the better your life becomes.

What's often overlooked is how much we limit the people around us when we constantly make ourselves smaller than who we're meant to be. Even worse, we stunt our own growth when we're not honest with ourselves.

So here's another question:

What's standing between you and the person you're trying to become?

What's that unfinished business, unresolved conversation, or unhealed situation acting like a roadblock between where you are and where God is trying to take you?

Lately, I've felt convicted about something.

As we step into a new season, it's valuable to bring closure to situations where we've caused hurt—whether intentionally or unintentionally. Big or small, our actions leave an impact. As men, whether we realize it or not, we often set the tone for the environments we're part of.

Be intentional.

For months, I've carried a feeling that I couldn't ignore. A feeling that reminded me there were conversations I needed to have and responsibility I needed to take. It became hard to find peace while avoiding what I knew needed to be addressed.

I've come to realize that healing doesn't always begin with being forgiven.

Sometimes healing begins with being honest.

My favorite passage that speaks to this principle is found in **Luke 6:38**. It reminds me that what we put into the world eventually comes back to us. Our words matter. Our actions matter. The way we treat people matters.

That's why I'm challenging both myself and you:

Go back and have that hard conversation.

Reach out to the first person that comes to mind.

Speak honestly.

Take ownership where it's needed.

You may be surprised by how much freedom exists on the other side of one difficult conversation.

There's an old saying that you don't want unnecessary stains on your name. Not because of pride, but because integrity matters. A good reputation is built through accountability, not perfection.

And as I'm writing this, I'm planning to go first.

I'll let you know how it goes later.

Scriptures I'm Meditating On

→ **James 5:16**

Confession and honesty create room for healing and restoration.

→ **Ephesians 4:29**

Use words that build others up and bring grace to those who hear them.

→ **Proverbs 28:13**

Freedom begins when we stop hiding our mistakes and choose accountability.

Old Mindset

Avoid the conversation.

Hope time fixes it.

Carry the weight quietly.



Renewed Mindset

→ Set a date and have the conversation.

→ Stay grounded in God's promises through Scripture.

→ Trust God with the outcome instead of avoiding the process.

Because truthfully, the money, opportunities, and success will come. But first, we have to learn how to handle the small things. Character creates capacity.

So let's go back and have that hard conversation with honesty.

Let's stop carrying what's been weighing us down.

Let's make room for healing.

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